

The following further training is given for different institutions:

- Self-awareness
 - Langen Institute, Monheim
 - Berlin Institute of Training, Grunwald & Partner
 - Institute Rheinland, officially recognized educational establishment school for speech therapy, Cologne
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- Body-language expression, appreciation and understanding, based on the movement analysis of Judith Kestenberg
 - Methods of relaxation
 - Cooperation with “difficult” parents
 - Movement and relaxation in the Kindergarten
 - Multi-modal Transference: Different Medias – an inexhaustible spring of creation
 - Displaying behavioural problems with children
 - Die psychomotorische Entwicklung des Kindes
 - The psychomotor functions of child development 0 to 3 year old children and their central needs
 - The sensory development of children
 - Association with traumatic children and young people
 - Control your casework
 - Youth Welfare Office of the City of Cologne
 - Diocesan Caritas Association, Archbishopric of Cologne
 - Landschaftsverband Westphalia: Lippe, Land Office and Westph. Schools, Munster
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- 42. Workconference of DKPM in Jena, 3/95, Lecture with a film clip on the topic of Dance movement therapy in the experience of the patients with anorexia nervosa and bulimia. A comparative study of patients with and without dance movement therapy
 - Radio feature, 11.08.2006, WDR 5 on the topic “Family Herrmann lose their daughter. Or: You are a victim for life.” Michael Hoverath
 - Dance Movement Therapy Congress 24./ 25.10.2009 workshop with the topic: Symbolic expression of the symptom. An integration of dance- movement therapy, behaviour therapy and deep psychology